Gravel Road

Vehicle Track
Footpath
Indistinct Footpath
Mountain Bike Feature

Powerline w/Pole
Fence
Building
Ruin
Stone Pile
Man Made Feature

Contour, Formline w/Slope Line

Earthbank
Knoll, Small Knoll
Depression, Small Depression
Impassable Cliff, Cliff

Rocky Ground

Forest - Easy Running Forest - Slow Running Forest - Difficult to Run Forest - Very Difficult to Run

Open Land Rough Open Land

Log Pile

Boulder, Large Boulder Very Large Boulder, Boulder Cluster

Lake, Stream, Intermittent Stream
Uncrossable Marsh, Indistinct Marsh

Rough Open Land w/Scattered Trees

NT Training

Kettle Lake - 2013 NT Training							
Elite			3.9 km				
\triangleright							
1	31		A			Ó	
2	32	1	\leq)			
3	33		lack			0.	
4	34		Е			Ó	
5	35		柒				
6	36		E				
7	37		\leq)			
8	38		4				
9	39		0				
10	40		0)			
11	41		E			·!	
12	42		E				
13	43		Λ				
14	44		Λ				
15	45		E			Ò	
16	46					Ò	
17	47		E			Ċ	
18	48		•			\Box	
○ 90 m > ◎							

www.condes.net 8.3.2 Kootenay Orienteering Club Kettle Lake - 2013 NT Training 2.wcd